THE BEAT
from the Canadian Heart Function Alliance

LINKED BY THE HEART

Dear Members,

As May comes to a close, we're reflecting on a month filled with awareness, advocacy, and action. From powerful conversations to new partnerships, your continued engagement is helping move the needle on heart health across Canada.

One highlight this month was *Heart Failure Awareness Week (May 4–10)*—a time to spotlight one of the fastest-growing cardiovascular conditions and remind Canadians that it's not normal to be breathless. Thank you for helping us amplify this message and keep heart failure in focus.

From supporting those affected by cardiovascular conditions to advancing patient-led research, this community is driving meaningful change.

Thank you for being part of the Canadian Heart Function Alliance. If you'd like to get more involved, reply to this email—we'd love to hear from you.

Best,

Leslie Marysse Jean-Marc

We were in Toronto!

On May 1, we held the CHF Alliance's annual in-person meeting in Toronto. The event was a success, with around 80 people in attendance and excellent presentations from the speakers. We learnt more about the projects of last years' Trainee Award and Early Career Investigator Grant Competitions winners, received updates on the CHF Alliance teams, projects and initiatives, and heard Dr. Liu and Dr. Edwards (both UOH) present on ARCHIMEDES, a new health platform for data management and sharing. We also announced the two winners of the CHF Alliance Sex and Gender Grant Competition, sponsored by Novo Nordisk.
Thank you to all the attendees who made this event such a success.

Brain-Heart Interconnectome Summer School 2025

Register Here

CanReview Launches Canada's Single Research Ethics Review System

Marking International Clinical Trials Day, CanReview has launched its online system for single research ethics review of Canada-wide, multi-site clinical trials!

- REBs across Canada can now express interest in participating in the CanReview system.
- Institutions across Canada can register as participating sites, enabling their researchers and research teams to submit new clinical trials or site applications for research ethics review.
- A dedicated *Navigator* and weekly webinars are available to help onboard and orient new users to the CanReview system.

"This is an important and long-awaited milestone for patients who so often depend on clinical trials for critically needed treatments," says Maureen Smith, patient advocate and CanReview Partner living with a rare disease. "Patients want more access to clinical trials and deserve to benefit from medical advances. This is only possible if we create an attractive, welcoming clinical trial ecosystem without unnecessary barriers." Hear from more patient partners in this video.

With a collaborative REB framework and strict review timelines, the CanReview system will improve clinical trials efficiency and remove barriers for Canada-wide studies, improving access to critical therapies for patients across the country.
We are proud to be a CanReview Partner and encourage adoption of this important initiative to conduct more and better clinical trials in Canada.

Get started with CanReview! Visit: www.canreview.ca/getting-started

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Heart Healthy Recipe

Tuna salad boats

Make lunch fun and pack a dippable tuna salad with other fresh ingredients for older kids to make their lunch. Or pack up some celery sticks so kids can dip their boats right into the salad and get eating!
This recipe has been adapted to include **Health Canada's** safe recipe style guide

Get the Recipe

Have something to share with the heart failure community? Reply to this email to submit content for future editions of The Beat!

www.chfalliance.ca

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