



Dear Members,

We hope you're doing well. February was a busy month at the Canadian Heart Function Alliance, with National Heart Month bringing our community together for awareness and action.

It's so wonderful to see the Alliance's taglines and give you a glimpse of what's coming to March and the spring.

There are several important events and initiatives on the horizon that we believe will advance our goal to keep you informed and engaged with our efforts to advance heart health research and care.

Thank you for your continued support and involvement in our community. Together, we're making a difference in the fight against heart disease.

Best,



Leah Morgan, Executive Director

February In Review

We're excited for February and beyond! We celebrated National Heart Month and World Heart Day. We featured our partner, **CH2100**. **Heart Health** is open to sponsor one additional gene for the early cancer research grant competition.

See how in this newsletter. What do you think?

WE'VE GONE SOCIAL

Follow us on Facebook and Twitter

#CanadianHeartFunctionAlliance

Follow Us!

We're excited to announce that we will release the updated research results (available to our member partners and program) this coming summer. We're excited to share our research and progress. We're excited to share our research and progress. We're excited to share our research and progress.

Click here to follow us on Facebook and here to follow us on Twitter

With CANTRAIN, we will refine and expand the best training strategies to develop and operate the finest randomized clinical trials.

— Dr. Jean Bourbeau, Lead of CANTRAIN

We've Partnered With CANTRAIN

Our research and clinical programs are supported by CANTRAIN (Clinical Innovation of Canada, The Healthcare partners), a non-profit organization advancing Canadian clinical research.

Our alliance's partnership with CANTRAIN offers our members unparalleled access to top-tier research, leading to clinical trials, all of which, ultimately, we partner to advance research and clinical programs aimed at advancing the best practices of heart health research.

Learn More!

Key Dates MARCH

For this Month: **Nutrition Month** (March 1-31) | **Jump Rope for Heart** (March 11-12)

Mark your calendar: **World Heart Day** (March 29) | **Competition Deadline** (March 31)

March 8, 2024: **World's Day** (March 11, 2024: **Easter Sunday**)

Looking Ahead into March

March is shaping up to be an exciting month for the heart community. Here are the highlights to watch for in March:

- All of March: **Nutrition Month**
- March 11-12: **Jump Rope for Heart**
- March 29: **World Heart Day**
- March 31: **Competition Deadline**
- March 31: **Deadline for Terms Awards Competition**
- March 31: **World's Day**

RECIPE

Heart-Healthy Recipes

Learn how to prepare a heart-healthy meal with our recipe. Find the full recipe on our website.

Nutrition Month Recipe

This recipe is perfect for you and your family. It's not only delicious but also a healthy choice for your heart. Find the full recipe on our website.

Get the Recipe

TRAINEE AWARDS COMPETITION

Apply for the Trainee Awards Competition. The deadline is March 15, 2024.

APPLY FOR THE AWARDS

Apply for the awards.

Apply for the Awards

From Our Partners

Donate to Jump Rope for Heart

Support heart health. Donate to Jump Rope for Heart. Find the full details on our website.

Heart Health's Inspiring Story

Learn about the inspiring story of heart health. Find the full details on our website.

SAVE THE DATE

CHF ALLIANCE NEXT IN-PERSON MEETING

Save the date for the CHF Alliance Next In-Person Meeting. The date is March 15, 2024.

HeartLife Hub: Resources for Researchers

The HeartLife Hub is a resource for researchers. Find the full details on our website.

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