THE BEAT

Inside the Canadian Heart Function Alliance

LINKED BY THE HEART

Dear Members,

We hope you've had a great month and are looking forward to some warmer weather in May!

May is looking to be one of our most exciting months of the year so far, and we are so excited to be on this journey with you.

As you may know, Heart Failure Awareness Week is May 5 - May 11 and it's the perfect time to spread awareness within your community. We hope you join us in spreading this important message.

We also have the CHF Alliance Annual In Person Meeting and we hope you can join us! If not, we'll be sharing lots of updates on our socials to keep you connected.

As always, thank you so much for your continued support of our community. Together, we can make a huge difference in understanding heart failure!

Best,

Cecilia Worrigan, Jenna, Marc

April In Review

- We geared up to celebrate Heart Failure Awareness Week
- Danina and Marc presented at UBC discussing patient-centered research

Key Dates: MAY

Hypertension Awareness Month

- May 5 - 11, 2024: Heart Failure Awareness Week
- May 5, 2024: World Pulmonary Hypertension Day
- May 17, 2024: World Hypertension Day
- May 23, 2024: Annual In-Person Meeting

Looking Ahead into May

May is a busy month for the heart research community! We're so excited for Heart Failure Awareness Week and our Annual In-Person Meeting!

- All of May - Hypertension Awareness Month
- May 5 - World Pulmonary Hypertension Day
- May 5 - 11 - Heart Failure Awareness Week
- May 17 - World Hypertension Day
- May 22 - Milnerton-CHF Alliance Ceremonial Launch in Kenoreke
- May 23 - CHF Alliance Annual In-Person Meeting in Montreal
- May 24 - 25 - Annual Heart Failure Update in Montreal

Heart Failure Awareness Week

Along with our partners, we'll be celebrating Heart Failure Awareness Week from May 5 - 11!

The Canadian Heart Failure Society has put together a social media kit to help anyone who wants to spread the message. Simply download the images and share them with your community!

Find the Social Media Kit Here

Additionally, landmarks will be lighting up across Canada in honour of HFAW.

Monday, May 6:

- CN Tower, Toronto
- BC Place Stadium, Vancouver
- ByWard Market, Ottawa
- Olympic Tower, Montreal

Tuesday, May 7:

- Canada Place 'Sails of Light,' Vancouver
- Science World, Vancouver

Learn More About HFAW

Join the Heart & Stroke Webinars

ENGLISH WEBINAR: May 7, 12 – 1 PM EST. Register Here
FRENCH WEBINAR: May 10, 12– 1 PM EST. Register Here

Presented by Heart & Stroke & Heartfile Foundation

It's Not Normal to be Breathless - Understanding Heart Failure: Signs, Symptoms and Advocacy

Audience: Health care professionals and persons with lived experience

Manitoba's Proclamation of Heart Failure Awareness Week

Heart Failure Awareness Week is official in Manitoba! Our past physician lead, Dr. Shelley Zieroth (holding the proclamation) celebrates with (from left to right):

-Christine Hoyda (Director, Health Policy & Systems, HSO Manitoba)
-Hon. Uzoma Asagwara (Minister of Health, Seniors and Long-Term Care)
-Ray Scoupe, HF support group

-Estrellita Estrella-Holder (Nurse Practitioner, HF)

-Mona Scoupe, HF support group

Congratulations to Dr. Samantha Anthony and Her Team!

Dr. Anthony and her team received funding from Heart & Stroke to expand their #PeerPower (P2P) program to young adults with heart failure. The P2P program is an online peer-support mentorship program that emerged from patient-identified priorities and has been explored in multiple chronic disease populations. The P2P program currently provides young adults (adolescents) living with heart failure successful disease self-management via young adult peer mentors to adolescent peer mentees with the same condition. Dr. Anthony and her team have new collaborations that led to this funding and we are pleased to support the expansion of the [P2P program to young adult patients.

Registration is Almost Closed!

Reminder: The last day to register for the CHF Alliance's Annual Meeting is May 09!

Join us on May 23, 2024, at the Marriott Château Champlain Hotel in Montreal.

This is a key opportunity for members to regroup, learn about our network's accomplishments, explore developed infrastructures, supported projects, and establish new collaborations.

Secure your spot today by registering below!

Register Here

Apply for the CANTRAIN Scholarships!

CANTRAIN has several scholarships available for Master's and Doctoral students AND Postdoctoral Fellowships up to $40,000!

The applications are now open and close at the end of April and May. Visit the CANTRAIN website to apply!

Apply Here

From Our Partners

Discover the Personnel Awards for Black Scholars!

Through these awards, Heart & Stroke is seeking to increase the representation of best-in-class Black researchers across heart and brain health research fields in Canada. By removing financial barriers, the awards aim to enable outstanding students to focus on their studies, undertake a program of research, and engage with mentors as part of their training and development.

These awards will be offered to students accepted to or enrolled in master's or doctoral programs in Canada who identify as Black and who are studying in an area specific to heart or brain health. These multi-year awards will function as salary stipends intended to enable trainees to focus on their studies and advance in their chosen field.

Read the Full Guidelines Here

QUOTE OF THE MONTH

The strongest hearts, have the most scars.

— Jeff Hood

Have something to share with the heart failure community? Reply to this email to submit content for future editions of The Beat!

www.chfalliance.ca

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