

Bring together all heart failure stakeholders to improve the prediction, prevention, diagnosis and management of heart failure.

A Few words from your central team

Dear Members,

Happy New Year ! We hope you had a wonderful Christmas break ! We would like to remind you that the CHF Alliance competitions for Trainee Awards and Early Career Investigator Grants are open. The terms of reference and application forms for both competitions are available on our [website](#) in the Grants section. Trainees must be registered with the CHF Alliance in order to apply.

We would also like to remind you that we will be holding our in-person meeting in Montreal on May 23, 2024, prior to the HF Update. We will be in touch with more details soon. In the meantime, be sure to register to attend the HF Update on May 24-25, 2024 (link below for registration).

Again this year, we will keep you updated on any opportunities we know of that may be of interest to you.

Best wishes,

Maryse, Leslie, Jean, and Marc



From left to right: Leslie Housemann, Maryse Desjardins, Jean L. Rouleau and Marc Bains

Registration Now Open for HF Update



11th ANNUAL HEART FAILURE UPDATE 2024
Friday May 24 - Saturday May 25
Marriott Chateau Champlain, Montreal

EARLY BIRD REGISTRATION IS NOW OPEN!

For more information: HFUpdate@chf.ca

CHF members have exclusive access to EARLY BIRD registration rates until March 15, 2024.

CHF (SC) | Canadian Heart Function Alliance | Heart Failure Society of Canada | CHF Society | HFU

[Click here to register](#)

Highlight on Pharmacists

As you know, it can sometimes be difficult for physicians to see their HF patients within the recommended timeframe for medication optimization. Coincidentally, pharmacists are becoming increasingly involved in medication optimization with encouraging results.

Therefore, we would like to highlight the work of two CHF Alliance teams that have developed or are developing projects involving pharmacists in treatment optimization. The first is the PHARM Optimal-HF project developed by pharmacists at the University of British Columbia, including CHF Alliance member Dr. Ricky Turgeon. This project randomized 60 eligible HF patients to either usual care or intervention (usual care + referral to the PHARM-HF clinic for medication optimization). The study evaluated the feasibility of implementing this model on a larger scale and measured the modified Optimal Medical Therapy Score and patient-reported outcome measures using questionnaires. We can't wait to learn more about the results.

The other project to evaluate the safety and efficacy of pharmacist-led treatment optimization is the OPTIMED-IC study conducted by physicians and pharmacists at the Université de Montréal. This project is still under development, but we look forward to sharing more with you as soon as we can.

We thank our pharmacists for their commitment to HF patients.

HeartLife Hub: Resources for Researchers

The Patient Engagement team is working hard to provide resources to patient partners, as well as investigators, to facilitate patient engagement in research.

They recently launched a video series of 4 videos covering the following topics:

- Module 1: Patient Oriented Research
- Module 2: Engaging Patient Partners
- Module 3: Ethical Considerations
- Module 4: Equity, Diversity and Inclusion

The team has also developed the EMPOWER newsletter, webinars, workshops, an intake form to match investigators with patient partners, and a toolkit that includes terms of Reference for patient engagement. We encourage you to visit the HeartLife Hub to access all of these valuable resources and learn more about patient engagement.

Do not hesitate to [contact us](#) if you want to share something with the CHF Alliance community.



www.chfalliance.ca